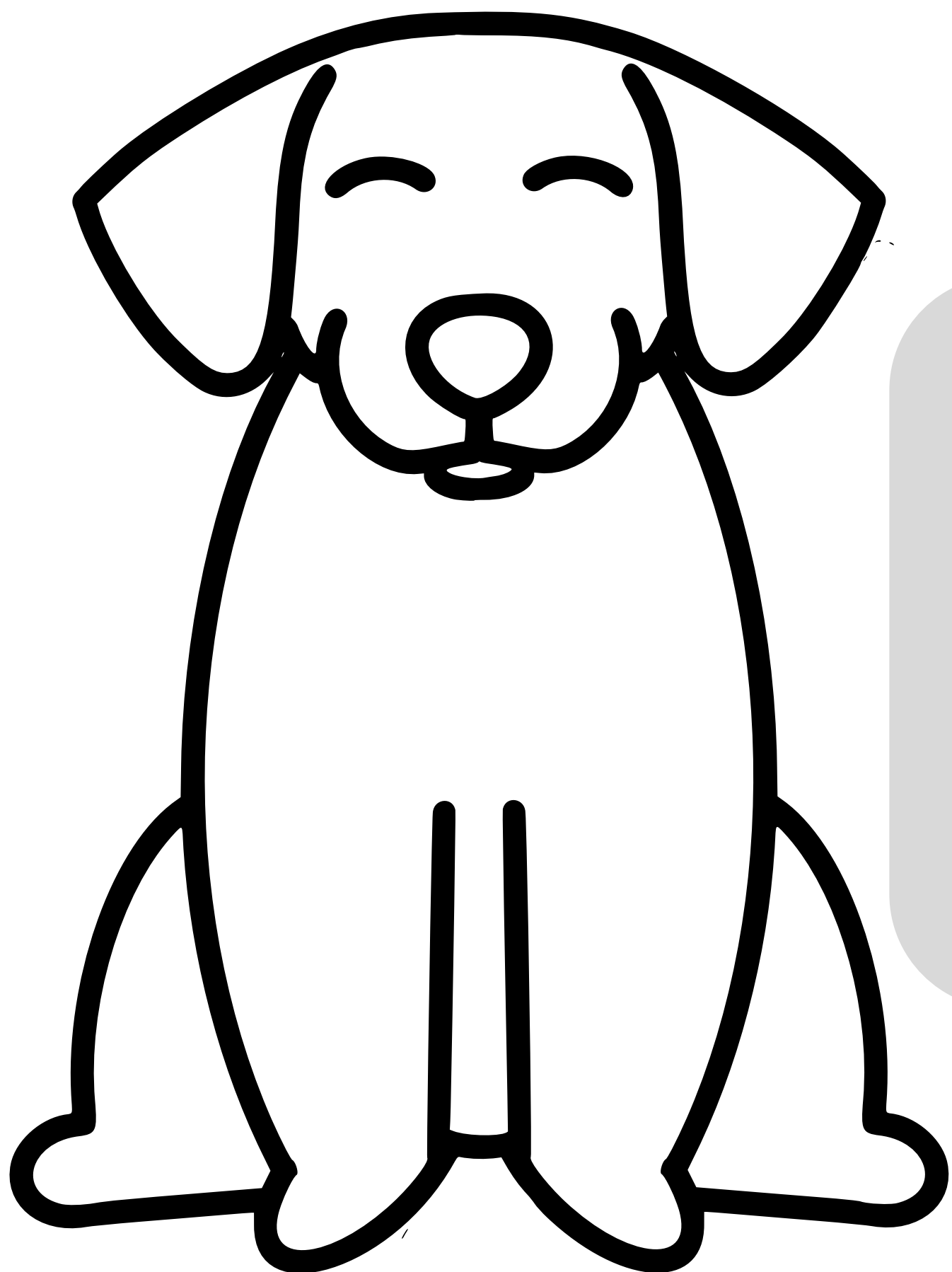


# "Sit" on a Verbal Cue

- New cue "sit"
- Pause, old cue "hand signal"
- Dog sits, mark, and reward. Mark "yes" the moment your dog's rear reaches the floor. Reward in position.
- Give them 2-3 more treats in a row, pause, give them their release word. They can now move and set up for the next repetition. This helps build duration for the sit.
- If they do not respond to the verbal cue, help them with a hand signal or luring with a treat (try to fade out food in your hand fairly quickly) to complete the behavior.
- Do not repeat the verbal cue. Help them 2-3 more times, before waiting for them to respond to the verbal cue only again.



## The "Tuck Sit"

Teach your dog to SIT balanced by tucking their rear feet up as their front feet stay still.

- With your dog interested in treats in your hand, place that hand just under their chin and slowly raise it upward. Dog should still be able to get to the food.
- As their head comes up, your dog should bring their rears up under themselves into the sit.
- This is easiest practiced with your dog at your side or perpendicularly in front of you. Not facing you.
- Add in a little food follow before asking for the "SIT"